



Where Active Adults Meet to be Informed, Empowered, Inspired



Social Education & Resource Center

Art * Computers & Technology * Yoga * Fitness
Health & Wellness * Languages * History
TV Production * Financial Literacy * Literature & much more!

TRY ONE CLASS SESSION FOR FREE!

Try one class session of your choice for free with absolutely no commitment! If you enjoy the class, then you may sign up and pay for the remainder of the class sessions. If you decide the class is not for you, you have no further obligation. Please call in advance to register for your one complimentary class.

***This offer applies to classes of 4 or more sessions*

Take Control of Your Health

Join a 6-week Complimentary Program led by trained Peer Leaders that teaches techniques and strategies to manage your chronic health conditions.

Senior Health Insurance Program

SHIP Counseling
Available by Appointment

Please check our website for the complete listing of SCAN classes and events:

www.scannj.com

ABOUT SCAN

SCAN is a non-profit adult social education and resource center founded in 1988. The name reflects the action-oriented profile of its members and the vibrancy and social networking strength of the organization. SCAN programs sustain independence, health, and happiness among people fifty years of age and older in Monmouth and Ocean Counties. SCAN itself is a place where Active Adults meet to be Informed, Empowered, and Inspired.

SCAN's Mission is to provide an active support system for those over the age of 50. SCAN uses education and technology to create an environment where the aging population can continue to grow intellectually as well as physically and emotionally, thereby allowing older adults to thrive — not just survive.

SCAN's programming falls within four divisions: the **Hub** includes the Monmouth Mall location and public education; **SCAN on Wheels** brings our high impact programming directly into high-needs communities; the **Multi-Media** division includes our three cable TV shows and our social media; **Caregivers First**, our newest division, is entirely devoted to the specific needs of Caregivers.

SCAN is Located in Monmouth Mall, 180 Highway 35 South, Eatontown, NJ 07724
On Basement Level, Near Mall Management Office
Office Hours: Monday 9:00AM-1:00PM, Tuesday-Friday ~ 9:00AM - 4:00PM
Phone 732-542-1326 ~ Fax 732-389-9434 ~ Web: www.scannj.com